

**KNOX COUNTY SCHOOLS**  
**RELEASE OF CLAIMS FOR FUTURE ACCIDENTAL INJURIES OR DEATH**  
**BY STUDENT IN DANGEROUS ENTERPRISE**

\_\_\_\_\_, and \_\_\_\_\_, of  
(Parent/Guardian) (Student)

Knox County, Tennessee hereby affirm that we are cognizant of all of the inherent dangers of weight training and of the basic safety rules for activities connected therewith. We understand that it is not the function of the instructors to serve as the guardians of the student's safety.

We understand and agree that neither Knox County nor the Knox County Board of Education, their operators, agents, or instructors, may be held liable in any way for any occurrence in connection with weight training which may result in injury or other damages to the student or the student's family, heirs, and assigns.

In consideration of being allowed to enroll in this course, we hereby personally assume all risks in connection with the course, and we further release Knox County and the Knox County Board of Education, their instructors, program, agents and operators, for any injury or damage which may occur while the student is enrolled as a student of the school, including all risks connected therewith, whether foreseen or unforeseen; and further to save and hold harmless Knox County and the Knox County Board of Education, their agents, instructors, and assignees from any claim by the student or the student's family, estate, heirs, or assigns, arising out of the student's enrollment and participation in this course.

We understand the terms herein are contractual and not a mere recital; and that we have signed this document as our own free act.

We have fully informed ourselves of the contents of this affirmation and release by reading it before we signed it. We affirm that the student has been instructed in basic rules of safety regarding the use of weight training equipment.

In Witness Whereof, we have executed this affirmation and release on this \_\_\_\_\_ day  
of \_\_\_\_\_, 20 \_\_\_\_\_.

\_\_\_\_\_  
PARENT/GUARDIAN

\_\_\_\_\_  
STUDENT

\_\_\_\_\_  
WITNESS

***Must be kept on file in Principal's Office for four (4) years.***